

Elevate the lower extremities and see that the patient has absolute rest. In an emergency when no appliances are at hand, a handkerchief with a penny inside would have to do duty for a bandage. Hot water bottles should be put at the patient's feet to counteract shock, and in any case of hæmorrhage never leave the patient till the surgeon arrives. Let fresh air blow on him, and smelling salts can always be given, but no stimulants, as they are worse than useless; in fact, may be dangerous, by stimulating the heart to increased action when it has nothing to work on. The only remedy in the shape of a stimulant that can safely be given is a rectal saline which acts as a temporary substitute for fluid lost.

3. For a wound between the wrist and elbow much the same treatment applies, namely, digital compression as a temporary arrest or a tourniquet. In digital compression, press against some resisting structure, such as a subjacent bone. If a tourniquet is used, apply above the wound for arterial bleeding, or below the wound if only a vein or veins are injured. Arterial bleeding consists of bright scarlet blood, which escapes in jets corresponding to the beat of the heart, unless from a very deep artery, when it may well up from deep down in the wound, and not come in gushes. Venous bleeding is pretty well continuous, and the blood is of a dark red or almost black colour. The radial and ulnar arteries are best controlled by grasping the forearm above the wrist by both hands with a thumb on each vessel. A sling is the easiest method of elevating the limb. Heat may be applied, but it must be hot enough to blanch the surface of the wound, otherwise it only encourages bleeding. Cold applications are also permissible, but care is needed with these, as ice and unsterile water may convey sepsis to an open wound.

HONOURABLE MENTION.

The following competitors receive honourable mention:—Miss M. C. Fair, Miss G. Fitzgerald, Miss D. F. Mudie, Miss F. Sheppard, Miss MacAlisiter, Miss Donovan, Miss T. O'Brian, Miss Gladys Tatham.

QUESTION FOR NEXT WEEK.

Mention the symptoms that might indicate the beginning of mastitis. If ice-bags are ordered, what is the proper method of procedure?

Will competitors kindly note that papers competing for the weekly prize must be addressed to the Editor at 20, Upper Wimpole Street, W., not to 431, Oxford Street, W.

OUR CHRISTMAS TOY COMPETITION.

We have pleasure in awarding the four Five Shilling Prizes to the following competitors:—

1. To Miss A. B. Howe, Registered Nurses' Society, 431, Oxford Street, W., for a Model Children's Ward.

2. To Miss B. Cutler, St. Bartholomew's Hospital, E.C., for four blue and red knitted balls.

3. To Miss J. I. Grant, Cadogan Square, S.W., for six china dolls dressed in pink and white muslin, with mauve gauze tunics and silver tinsel.

4. To Miss S. A. Cross, Portland Street, King's Lynn, for three sets of babies' knitted bells.

Amongst the toys sent for competition were stuffed gollywogs, ducks, and cats, dressed gollywogs, dressed Teddie bears, balancing toys, knitted wool dolls, dressed dolls, knitted rattles, balls, wooden toys, dolls' bonnets, dolls' house furniture, and scrap books.

GIFTS NOT FOR COMPETITION.

We have also to thank many children's friends for gifts. From Miss Emily Mason two lovely dollies, fully dressed; Miss K. Postlethwaite, a scrap book; Miss Arscott, two large gollywogs, two "experienced generals"; Miss Moore, crackers; Miss Conway, dolls; Miss Kemp, gollywogs; Miss Foster, coloured glass balls; Miss Carter, sweets; Miss Bowers, dolls; Miss Taylor, knitted bell rattles; Miss Seymour, chocolate; Miss Finlay, picture books; Miss May, flags; sent anonymously card of tools, Esquimaux doll, animal on wheels, boxes of sweets, doll's dressing table, doll's furniture, wood jug and basin, china tea-sets, and boxes of soldiers.

Mrs. Morton, crackers, bottles sweets, boxes soldiers, dolls; Miss Sutton, two wax fairy dolls in gauze and silver; Miss Mackenzie, horses, tea sets, soldiers; Miss Frazer, wooden animals; Miss Carter, boxes tea sets; Miss Townley, a large assortment of toys—trumpets, woolly animals, glass fruits for tree, drums, books, and many pretty trifles.

Miss M. Breay, crackers, bottles of sweets, picture books, basket of toys, boxes of kitchen utensils, china bowl of sweets, china mugs of sweets, and tinsel stars and trimming for Christmas trees.

THE MODEL OF A CHILDREN'S WARD.

We must very highly commend the charming Children's Ward, made and fitted by Miss A. B. Howe—at the cost of 11½d.!

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